

Remember, your
Pastor Wellness Program
is there to help resolve any type
of personal problem!

It is

FREE

The ACC & EDC have paid the fees.
There is no charge for the initial
counseling sessions.

EASY TO USE

When needed, simply pick up the phone
and call for an appointment.

CONFIDENTIAL

Your involvement with the Pastor Wellness
Program is kept strictly confidential according
to all applicable federal and state laws and
regulations concerning confidentiality.

To contact the
Pastor Wellness Program,
simply phone 1-800-527-2322



283 South Butler Road
PO Box 550
Mt. Gretna, PA 17064

QUESTIONS
AND ANSWERS
ABOUT YOUR
PASTOR
WELLNESS
PROGRAM



What is a Pastor Wellness Program?

The Pastor Wellness Program is a program which offers the Atlantic Coast Conference (ACC) and Eastern District Conference (EDC) staff, all active credentialed ministers, commission/committee chairs, executive committee members, and the dependent family members of the above, professional counseling services to help resolve problems which affect their personal lives and possibly their job performance. It is confidential and voluntary. It is designed to encourage ministers, conference staff, and their family members to seek help on their own.

In what ways can the Pastor Wellness Program be of help?

The Pastor Wellness Program can help resolve a variety of personal problems, including marital and family problems, emotional and stress-related problems, problems with drugs and alcohol, and problems with finances. In general, any problem that interferes with a minister or conference staff member's sense of personal well-being can be dealt with through the Pastor Wellness Program.

Why does the ACC & EDC have a Pastor Wellness Program?

Anyone can experience personal problems. The ACC & EDC have established this program to help ministers, conference staff, and their families deal with problems before they get severe enough to affect the individual's health, well-being or job performance.

How does the Pastor Wellness Program work?

The ACC & EDC have contracted with Philhaven's EAP department to provide the Pastor Wellness Program. Requesting help from the Pastor Wellness Program simply requires a phone call. (See reverse side for the phone number.) When you call, an appointment will be scheduled for you to meet with a counselor at an office which is convenient for you. For those who reside near a Philhaven office, an appointment would be scheduled at an outpatient office of Philhaven. For those who reside in places outside of Philhaven's primary service area, Philhaven has contracted with carefully selected counselors to provide services at locations convenient for those individuals.

In certain cases when a job performance problem is occurring, those in a supervisory role may encourage use of the program in order to determine if a personal problem is affecting or interfering with job performance. Even in this case, it is still the individual's decision as to whether to seek help or not.

Philhaven has been in operation for over 50 years, providing a full range of human services. Philhaven staff is made up of skilled professionals who are trained to help staff members with personal problems by evaluating and assessing the problem, briefly counseling, and recommending additional services as needed. The Pastor Wellness Program is also available to help in emergency or crisis situations.

What does the program cost?

Pastor Wellness Program services are free of charge to ministers, conference staff and their families. Your Pastor Wellness Program provides you with a limited number of sessions per year as a part of your benefit package. In situations where the Pastor Wellness Program counselor recommends counseling beyond the Pastor Wellness Program sessions, the individual is responsible for the payment of those services. In some cases, health insurance benefits may apply. In all cases, the Pastor Wellness Program counselor will help to link you to a counseling resource which is affordable and appropriate to your needs.

Will anyone know if I use the Pastor Wellness Program?

No. Under ordinary circumstances, no one, including conference staff, overseers, or your local church will know that you have used the Pastor Wellness Program services. Philhaven EAP services are kept confidential according to all applicable federal and state laws and regulations regarding confidentiality.