

**ACC Fall Youth Retreat**  
**September 13-15, 2023**  
**Refreshing Mountain Camp, Stevens PA**



## **Details for Fall Retreat 2024**

Hi Youth Leaders,

The Youth Committee is excited to invite you and your youth to the 2024 ACC Fall Youth Retreat at Refreshing Mountain. We hope you will come and bring your youth!

### **Resource & Spiritual Theme:**

This year's Fall Youth Retreat will focus on the theme of "**Recognizing Jesus.**" Using the story of Jesus' encounter with the disciples on the road to Emmaus as a reference point, we will hear personal stories from ACC leaders about their own experiences encountering Christ and receiving guidance, spiritual growth, and healing.

Rev. Liz Fulmer (she/her) will lead our worship times this year. Liz is a pastor and musical storyteller serving Grandview Church in Lancaster, Pennsylvania. Trained as a songwriter and vocal principle at Berklee College of Music and spiritually formed through the care and teaching of Lancaster Theological Seminary, Fulmer is passionate about facilitating divine encounter through the blending of breath, music, word, and community. A multi-instrumentalist, she has 3 albums of original music: Heaven Knows (2016), Ellipsis (2018), and The Bible Tells Me So (2023). Liz has been a guest lecturer at Millersville University and Lancaster Theological Seminary, teaching on the craft of songwriting and how to effectively combine music and visuals to create accessible and meaningful worship experiences. She was ordained in 2020 by the Movement of Inclusive Methodists. Liz feels called to the work of sacred space-making.

### **Cost:**

\$125 per person - youth and leaders

### **Forms:**

1. **Registration Form:** submit to the ACC office **by August 28<sup>th</sup>**. A check may follow by mail but should be received before the retreat.
2. **Activities Release & Waiver Form:** Camp requires this form to use the facilities. Should be handed in for each youth at registration on Friday night.
3. **Medical Release Form:** To be kept with youth leaders in the event that one of your youth would require medical assistance during the weekend. This is a template for you to use.
4. **Congregational Youth Event Verification form:** must be signed by youth leader/chaperones after the necessary clearances have been filed with the church. Should be handed in by registration on Friday night. Please fill this out completely!
5. **Youth Events Volunteer Covenant:** To be signed by a congregational representative after the necessary clearances for each youth leader attending the Fall Retreat have been filed with the church. Must be submitted to ACC Office prior to the retreat.

For facility information, a view of the camp and directions visit [www.refreshingmountain.com](http://www.refreshingmountain.com)

### **Weekend Schedule:**

Please arrive between 7:00-8:45 pm Friday evening. Our first session together will be held at 9 pm. The weekend will conclude Sunday at 11:30 am after our last worship session. The final meal is Sunday morning breakfast. A final schedule will be available at registration Friday night. A draft copy is available on the retreat webpage.

### **Weekend Features:**

- Daily Worship & Resource times
- Ice Cream Happy Hour
- Elevated obstacle course
- Late night ultimate frisbee
- Late night open gym times
- Sunday morning youth leader meeting following breakfast
- Saturday evening trivia and music combined with our snack time.

### **What to Bring:**

- bedding (sleeping bag or sheets/blanket)
- pillow
- swimsuit (RM requires one-piece suits)
- flashlight
- washcloth, towel, toiletries
- closed-toed shoes for high ropes activities

### **--Medical Release Forms**

### **--Activities Release & Waiver Forms**

### **--Volunteer Covenant Form (leaders)**

- Each youth group should bring plenty of snacks & drinks to share for Saturday night Snack Potluck

## **Registration deadline: August 28**

*Our ACC Youth Committee hopes that you will attend. We thank you for loving youth and giving so freely of your time to encourage them in life. Pray for this event; that those who attend will be encouraged, challenged, and inspired to commit to/continue the "journey of faith in Jesus."*



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***Please pray for our time together!***